

THE HOLY BODY & BLOOD OF CHRIST

JUNE 19, 2022



We constantly hear about the importance of a balanced diet and the benefits of eating proper foods. Our spiritual development also requires nourishment. Do you take time to nourish your spirit? Do you value the gift of the Eucharist? Do you stop to reflect on what it means to receive the Eucharist? Do you pray before the Blessed Sacrament? Consider your spiritual “diet” and how to you might improve it.

*Every time, then, you eat this bread and drink this cup
you proclaim the death of the Lord until he comes!*

~ 1 Corinthians 11:26

Reprinted with permission from S. T. Productions

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

READING 1

Gn 14:18-20

In those days, Melchizedek, king of Salem, brought out bread and wine, and being a priest of God Most High, he blessed Abram with these words: "Blessed be Abram by God Most High, the creator of heaven and earth; and blessed be God Most High, who delivered your foes into your hand." Then Abram gave him a tenth of everything.

The Word of the Lord
Thanks be to God

RESPONSORIAL PSALM

Ps 110:1, 2, 3, 4

R You are a priest forever, in the line of Melchizedek.

READING II

1 Cor 11:23-26

Brothers and sisters: I received from the Lord what I also handed on to you, that the Lord Jesus, on the night he was handed over, took bread, and, after he had given thanks, broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way also the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes.

The Word of the Lord
Thanks be to God

SEQUENCE

Lauda Sion

Lo! the angel's food is given To the pilgrim who has striven;
see the children's bread from heaven, which on dogs may not be spent.

Truth the ancient types fulfilling, Isaac bound, a victim willing,
Paschal lamb, its lifeblood spilling, manna to the fathers sent.

Very bread, good shepherd, tend us, Jesu, of your love befriend us,
You refresh us, you defend us, Your eternal goodness send us
In the land of life to see.

You who all things can and know, Who on earth such food bestow,
Grant us with your saints, though lowest, Where the heav'nly feast
you show, Fellow heirs and guests to be. Amen. Alleluia.

ALLELUIA

Jn 6:51

R. Alleluia, alleluia.

I am the living bread that came down from heaven, says the Lord;
whoever eats this bread will live forever. **R.**

GOSPEL

Lk 9:11b-17

Jesus spoke to the crowds about the kingdom of God, and he healed those who needed to be cured. As the day was drawing to a close, the Twelve approached him and said, "Dismiss the crowd

GOSPEL

Continued

so that they can go to the surrounding villages and farms and find lodging and provisions; for we are in a deserted place here." He said to them, "Give them some food yourselves." They replied, "Five loaves and two fish are all we have, unless we ourselves go and buy food for all these people." Now the men there numbered about five thousand. Then he said to his disciples, "Have them sit down in groups of about fifty." They did so and made them all sit down. Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets.

The Gospel of the Lord
Praise to you Lord Jesus Christ

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man.* For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYERS OF THE FAITHFUL
THE MOST HOLY BODY & BLOOD OF CHRIST

Please respond, "*Lord, hear our prayer.*"

For the Church, the Body of Christ: that we will deepen our devotion to the Eucharistic sacrifice which gives life to the world.

We pray to the Lord

That the redemptive power of Christ's Eucharistic sacrifice will extend to the hearts and minds of all those who govern.

We pray to the Lord

For those who live in want: that Jesus, the Bread of Life, will be their sustenance and that we will bring the Chalice of Mercy to all those in need.

We pray to the Lord

That the graces of the Holy Eucharist will inspire an increase in vocations to the priesthood.

We pray to the Lord

For blessings on all fathers this Father's Day, that through devotion to the real presence of Jesus in the Eucharist, all men will strengthen their marriages and families.

We pray to the Lord

For the grace this week of a deeper gratitude for what we receive in the Most Holy Eucharist.

We pray to the Lord

For the intentions inscribed in our book of prayer, in our prayer baskets, and lifted to Jesus in the quiet of our heart...

We pray to the Lord

For all of our beloved dead, especially Donald Engebretson and the intention of this Mass...

4:00 p.m.: Parishioners of St. Stephen & St. Joseph.

6:00 p.m.: Jerry Rockman

8:30 a.m.: Victor & Jerome Retzke

10:30 a.m.: Art Boursier